



Appendix II

Guidelines for Writing Long Case Study (8000 words) (amended 20/12/2018)

Please follow all the requirements for the Short Case Study, noting the increased word count for the Long Case Study and the addition of a literature review.

The literature review is to be placed either after your assessment section or at the end of the case study. You will make the judgement on where it sits best.

In the literature review, the student will be expected to show their mastery of the literature related to their case. For example, the student may write about a client with a clinical diagnosis of Oppositional Defiant Disorder (ODD). As part of the case study the student could present evidence collected during the review, of for example, the existing treatment strategies for ODD and how they incorporated this evidence into their treatment plan / psychotherapeutic approach for the young person and/or how the literature review will influence their future clinical practice.

Guidelines for the Literature Review section

The Literature Review connects your ideas to the milieu in your chosen field of exploration.

As an academic writer, you are expected to provide critical analysis/overview of the significant literature published on your chosen topic. The space allocated for a literature review will be 1000 words (+/- 10%). The review will meet quality and presentational thresholds expected of a research dissertation.

The selection of the case study is the student's decision in conjunction with advice from their clinical supervisor. It is expected that the student will select a case that is both clinically interesting and one that also offers the opportunity to be examined more intensively using a literature review. The review can comprise the exploration of the evidence applicable to the case and what has influenced the student's understanding of the case and the type of clinical interventions that have been used.

You are expected to do the following:

- Place your original work (long term case study) in the context of the existing literature base relating to your chosen case.
- Describe the major issues surrounding your chosen topic.
- Select an element/topic for your case study which interests you and search the published literature, establishing what contributions have been made around your chosen area of interest.
- Give a critical overview of the different ways your chosen topic has been researched and evaluated.
- Clearly identify the strategies you have used to find and analyse the literature you are using i.e. the quality & reliability of the sources you chose. If you can demonstrate gaps in the literature please state these in your work.
- Resolve, if possible, conflicts among seemingly contradictory previous studies.
- Determine which literature makes a significant contribution to the understanding of your topic.
- Develop your scholarly voice and take ownership of your integrative model.
- Point the way to further research on your topic.

Content of the Literature Review

- The literature review must be well structured and your ideas must flow logically from one point to the next. Ensure sources and references are relevant to your chosen area of research and all references are cited appropriately. Present terminology and viewpoints on the topic in an unbiased and comprehensive manner.

Include the following content in your Literature Review:

- Provide an overview of the subject/issue under consideration.
- Provide a summary and synthesis of the evidence and reasons for the conclusions you draw from your review. Comment on which evidence has made the greatest contribution to your understanding of the area reviewed and how this has helped your development as an integrative child and adolescent psychotherapist.

Consider the following when assessing what publications to include in your review of the literature:

- Qualifications: What are the author's credentials to make the judgments he or she has made?
- Neutrality: Is the author's perspective even-handed or biased?
- Credibility: Which of the author's theses are convincing and why?
- Worth: Do the author's conclusions add to the value of your own?
- Select and quote from the most relevant material for your subject and argument
- Quote from a source when you perceive that the author makes a point in an insightful, original and concise way. Determine if it is important to capture the author's words directly
- Make sense of the quotation within the context of your argument.