

Therapeutic Services

Introduction to Terapia Placements

Pamela – Head of Services and Development

Samuel – Therapeutic School Services Coordinator

Katy, Monika, Grace and Sally – Whole School Approach (WSA) Therapeutic Leads

Gemma - School Service Lead (*at Downsell and Bowmansgreen only*)

Sacha - Clinical Lead (The Bothy) and Designated Safeguarding Lead



*Transforming young lives
creating new futures*

www.terapia.co.uk

Terapia Therapeutic Services placements

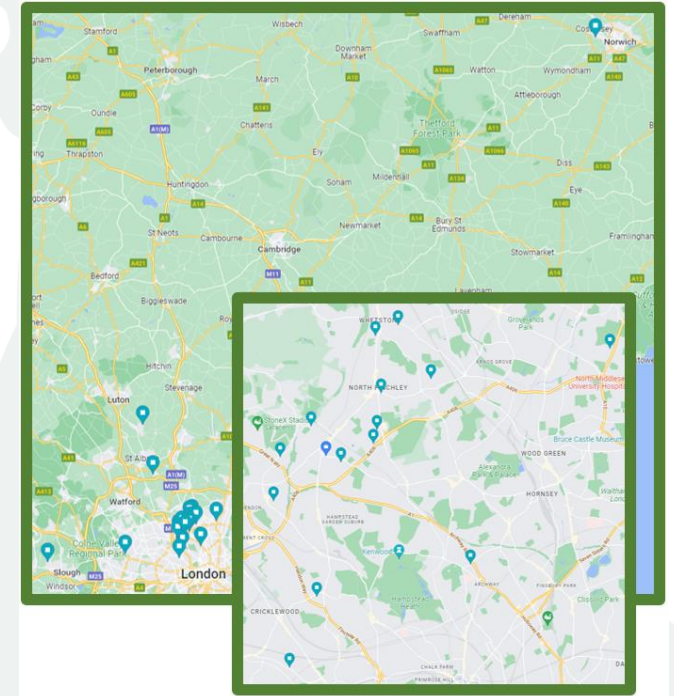
- Terapia School Services (16 Primary and 16 Secondary)*

1 to 4 Trainee Therapists are based at each setting

- Organisations and Projects

- Whole School Approach (WSA, 5 schools) [17xTT]
- ACE (PRU) (10 Luton Secondary Schools) [10xTT]
- O & U Care Leavers Service (18-24y) [5xTT]
- Herts Children's Homes (ARC) [2xTT]

- Schools based in a variety of areas, mostly North London



*Subject to change due requirements of Schools and needs of CYP

Launched in 2020

Clinical Services Team

Qualified Child and Adolescent Psychotherapist

Trainee Child and Adolescent Psychotherapist Volunteers

Whole School Community

Children and Young People

- 1:1 Therapy Sessions
- Group Programmes
- Drop-in Activities
- Psychoeducation

Teachers and School Staff:

- 1:1 Counselling
- Professional Supervision
- 'Reflective Practice' Sessions
- Referral Guidance
- Training Workshops
- SLT and Partners Service Meetings

Parents, Carers and Families:

- Drop-in Support
- Newsletter/Website Guidance
- 'Reflective Parenting' Sessions
- Parent Network Forums

- Wellbeing Library
- Signposting Support
- Resilience Building Resource Bank
- Collaborative WSA Meetings – across all stakeholder groups / schools to develop and share best practice
- Mental Health and Wellbeing Scales – supporting data collation to identify need, trends and monitor impact

Funded by
John Lyon's
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Improving Whole School Community Mental Health and Wellbeing

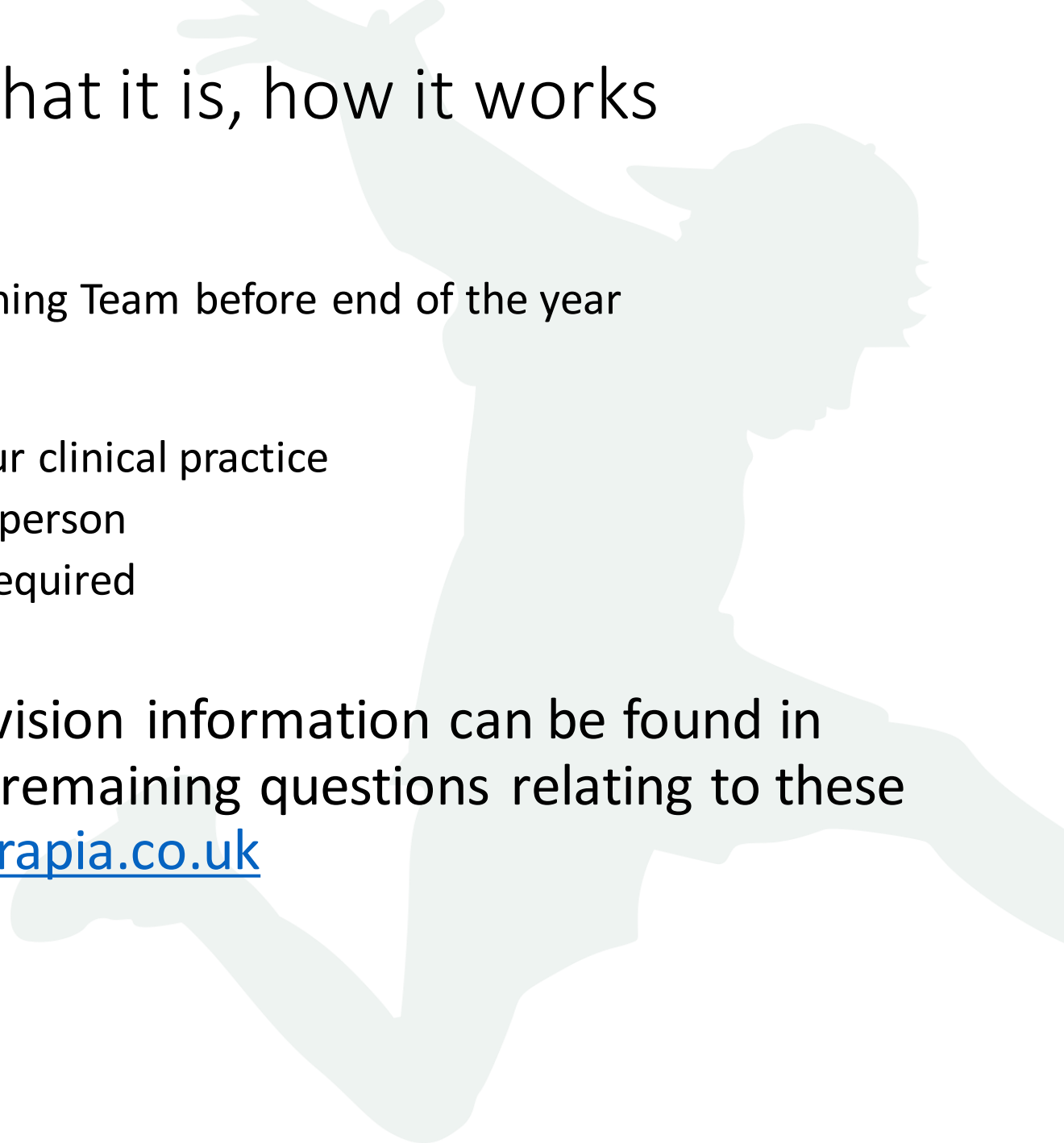
Terapia School Services (TSS) – what do we offer

TSS School/Organisation placements provide Terapia Trainees with...

- Experience of working with children and young people in an institutional and supported setting
- Insight into the real-life situations you will be working with upon graduation and the range of clinical work available in education settings and children's services
- Supervision of clinical practice to professional standards (1 monthly paid individual supervision)
- Safeguarding (and other urgent issues) guidance and support (provided by the Therapeutic Services Team – Clinical Lead, WSA Leads and School Services Coordinator)
- In depth experience of working therapeutically with CYP for case studies, vivas and your CV
- Opportunity to obtain clinical hours to meet your training requirements

Clinical Supervision – what it is, how it works

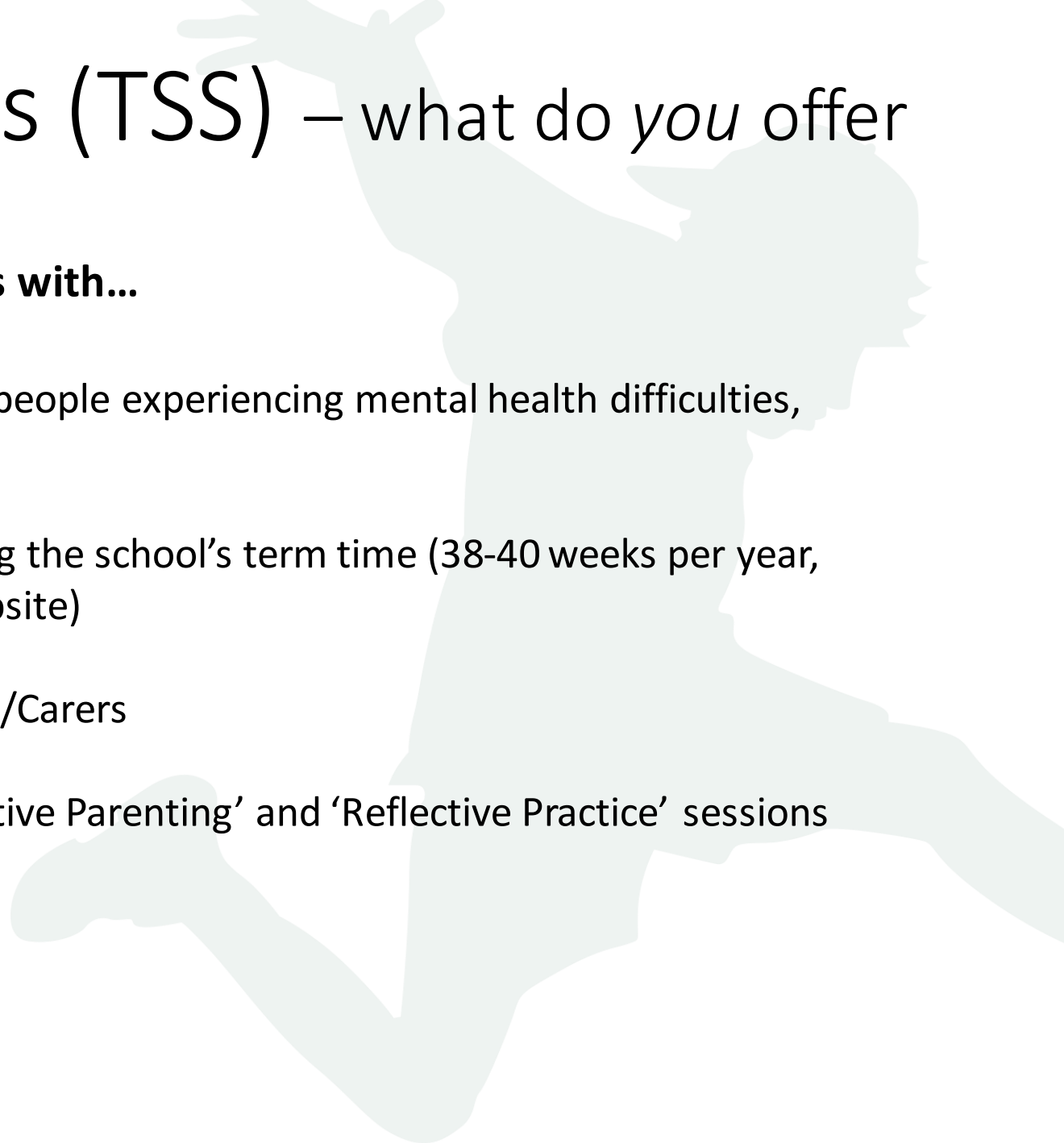
- Terapia Supervisor - assigned by Training Team before end of the year
- Clinical Supervision
 - is essential to support your clinical practice
 - attendance is required in person
 - group and individual, as required
- Training requirements and supervision information can be found in your Training Handbook and any remaining questions relating to these must be sent to: courseteam@terapia.co.uk



Terapia School Services (TSS) – what do *you* offer

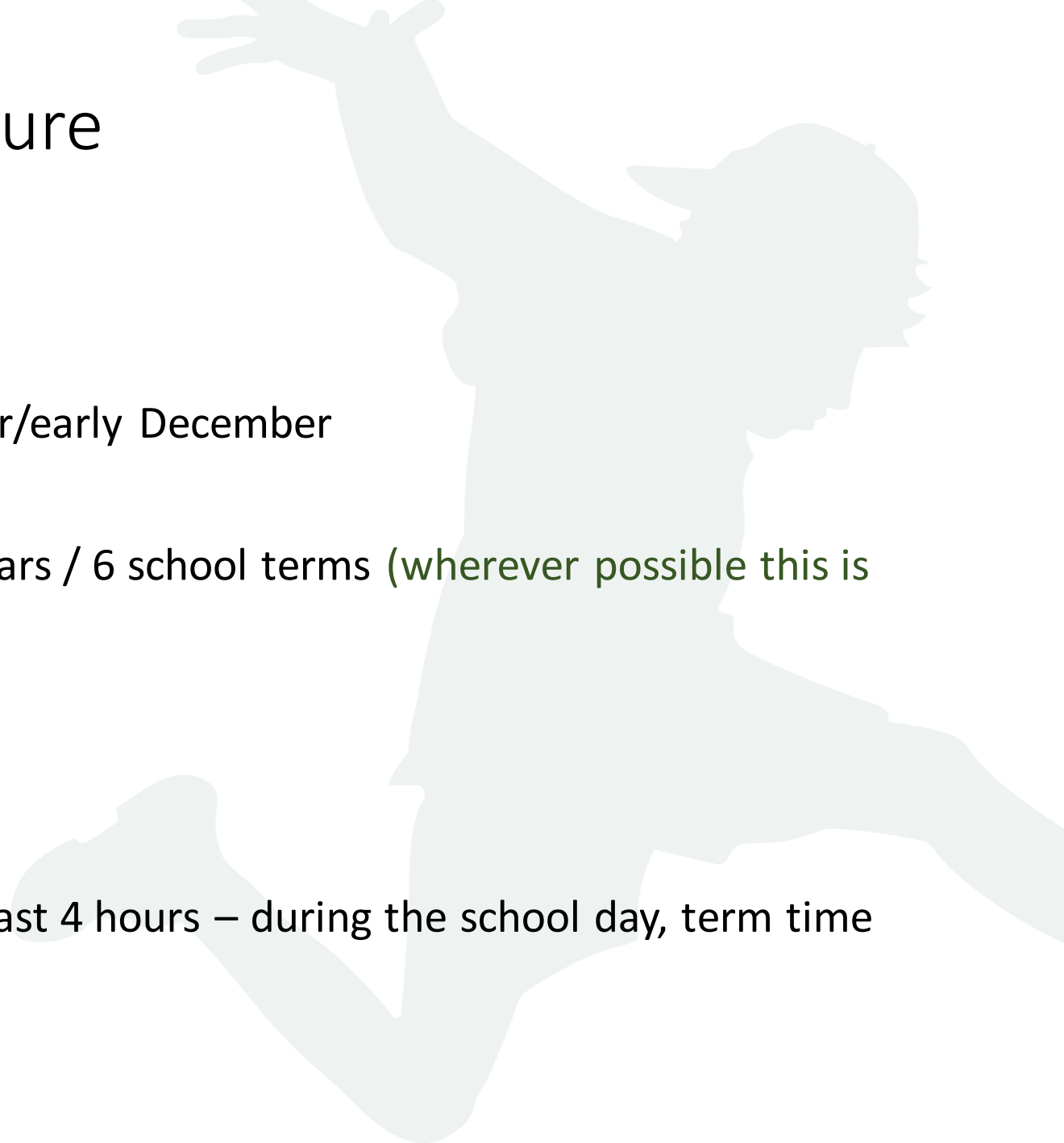
Terapia Trainees provide schools/organisations with...

- Therapy sessions to support children and young people experiencing mental health difficulties, on-site at schools/organisations
- Minimum presence of 4 hours every week, during the school's term time (38-40 weeks per year, term dates will be available on each school's website)
- Liaison with Teachers, Pastoral Team and Parents/Carers
- Support to Parents/Carers and Teachers - 'Reflective Parenting' and 'Reflective Practice' sessions
- Interim/End of Therapy reports for each client



TSS Placements – Structure

- Start in January
- Induction visits are facilitated in November/early December
- Duration of your clinical placement is 2 years / 6 school terms (wherever possible this is within the same setting)
- Caseload of 3 clients
- Commitment is 1 day every week for at least 4 hours – during the school day, term time



FAQ 1: Can I use my employment instead of a TSS placement?

- Trainees who are employed by a therapeutic service will be required to fill out a short form detailing their current employment.
 - Terapia's CEO and Director of Training will decide whether the place of employment can be used for accruing clinical hours or whether a Terapia School Placement is needed to meet training requirements.
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FAQ 2: How will my TSS placement be allocated?

- Trainees will complete an application detailing your location, mode of transport and preferred availability.
 - Terapia's School Services Co-ordinator will use this information to allocate a suitable placement to each trainee.
 - Please note you may be expected to travel up to 1hour 15minutes to reach your placement.
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FAQ 3: What if I live over 1hr 15mins away from a placement?

- Upon receiving your application, Terapia's School Services Co-ordinator will contact you to discuss arrangements for a suitable placement.

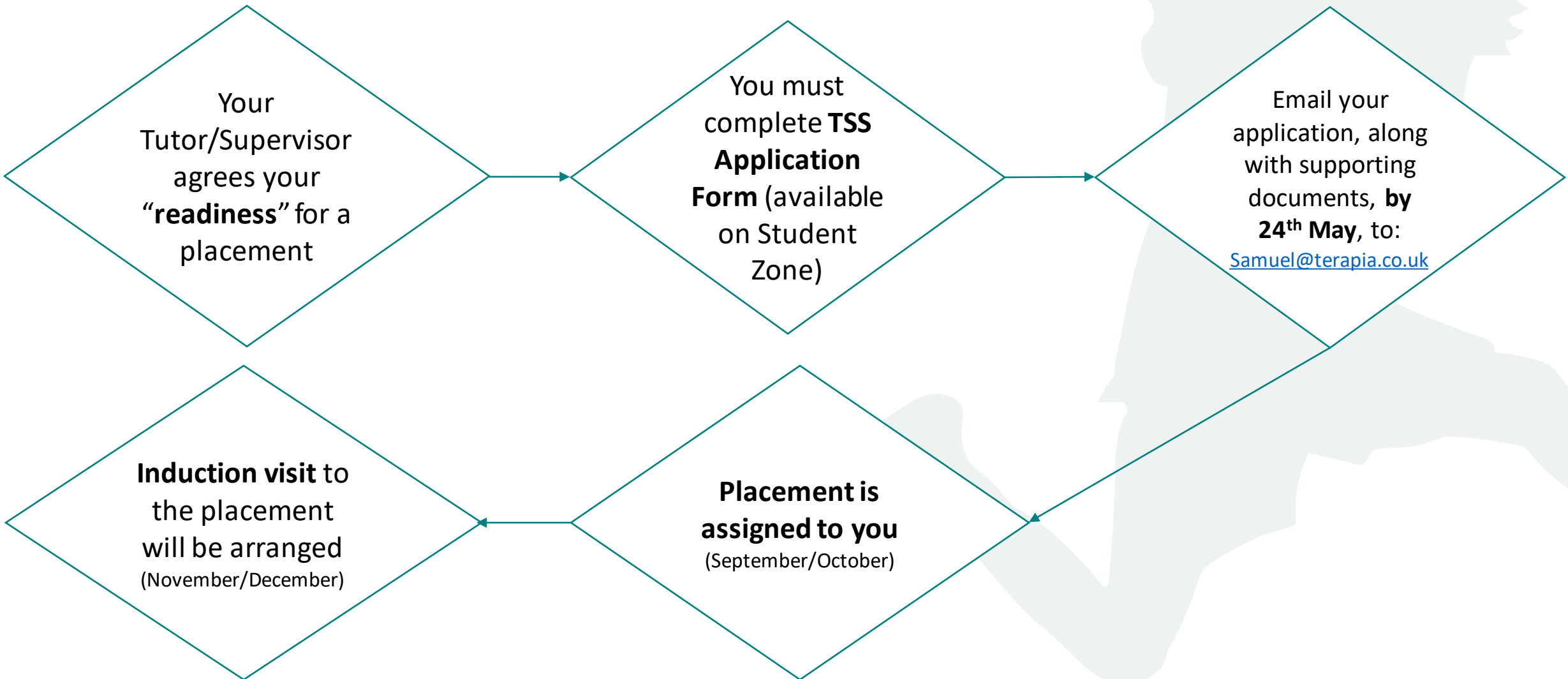
TSS Placement Requirements – before you can begin

- **Enhanced DBS check - DBS Update Service or Terapia**
(DBS queries must be directed to: training@terapia.co.uk)
- Professional Indemnity Insurance (PII) - see TSS Placement Handbook
- Safeguarding Training - certificate dated within 3 years
- Right to work in the UK - UK passport or Work Visa
- ‘Therapy Only’ email address – for all correspondence relating to clinical practise

TSS Placement Requirements – whilst on placement

- Must be **actively attending** Terapia's Training
- Commitment - **at least 4 hours** to work with **3 clients weekly**, during the school term-time
- Adhere to terms of **Contractual Agreement** – which you will receive by October
- Update **Terapia Services Database** promptly (e.g., log session dates, notes, supervision dates)
- Ensure completion, and input, of client related forms (e.g., assessments, evaluation, report/s)
- Check **Teams** space regularly
- Comply with **Safeguarding** and all relevant **Policies** - Terapia's and the School/Organisation's
- Update School Services Co-ordinator (Samuel@terapia.co.uk) with any changes to your contact details
- Ensure that all confidential information is kept secure and GDPR is followed at all times

What Next?



Any questions...

