

Therapeutic Services

Introduction to Terapia Placements

Pamela – Head of Services and Development

Megan – Therapeutic School Services Coordinator

Jamie, Monika, Orit and Zisi – Whole School Approach (WSA) Therapeutic Leads

Gemma - School Co-ordinator (Downsell and Bowmansgreen)

Sacha - Clinical Lead (The Bothy) and Designated Safeguarding Lead

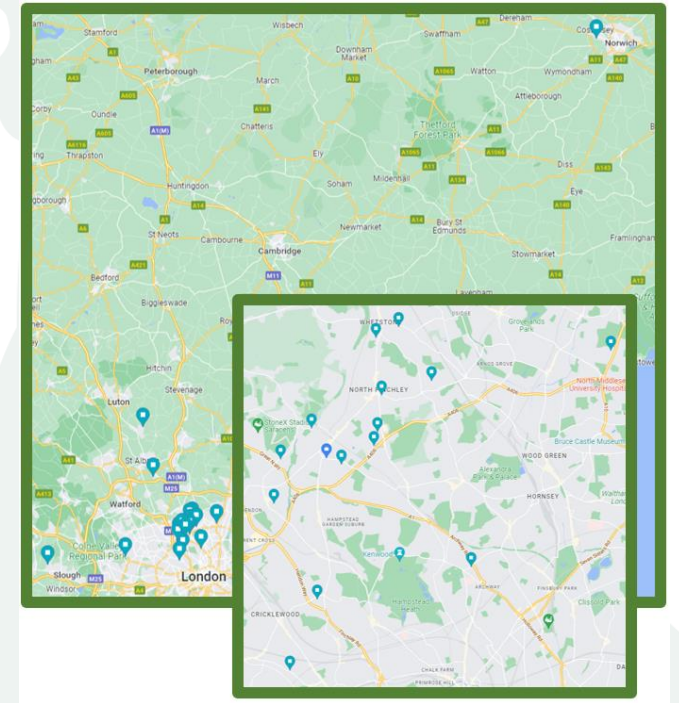


*Transforming young lives
creating new futures*

www.terapia.co.uk

Terapia Therapeutic Services placements

- Terapia School Services (16 Primary and 16 Secondary)*
1 to 4 Trainee Therapists are based at each setting
- Organisations and Projects
 - O & U Care Leavers Service (18-24y) [5xTT]
 - Whole School Approach (WSA, 5 schools) [15xTT]
 - ACE (PRU) (10 Luton Secondary Schools) [10xTT]
 - Herts Children's Homes (ARC) [2xTT]
- Schools based in a variety of areas, mostly London



*Subject to change due to funding, requirements of Schools and needs of CYP

2021-2023

Qualified Child and Adolescent Psychotherapist

Trainee Child and Adolescent Psychotherapist Volunteers

Likely to extend

Whole School Approach

Students:

- 1:1 Therapy Sessions
- School Assemblies
- Group Programmes

Teachers/School Staff:

- 1:1 Counselling
- Professional Supervision
- Training Workshops
- SLT Service Updates
- Referral Guidance

Parents/Carers and Families:

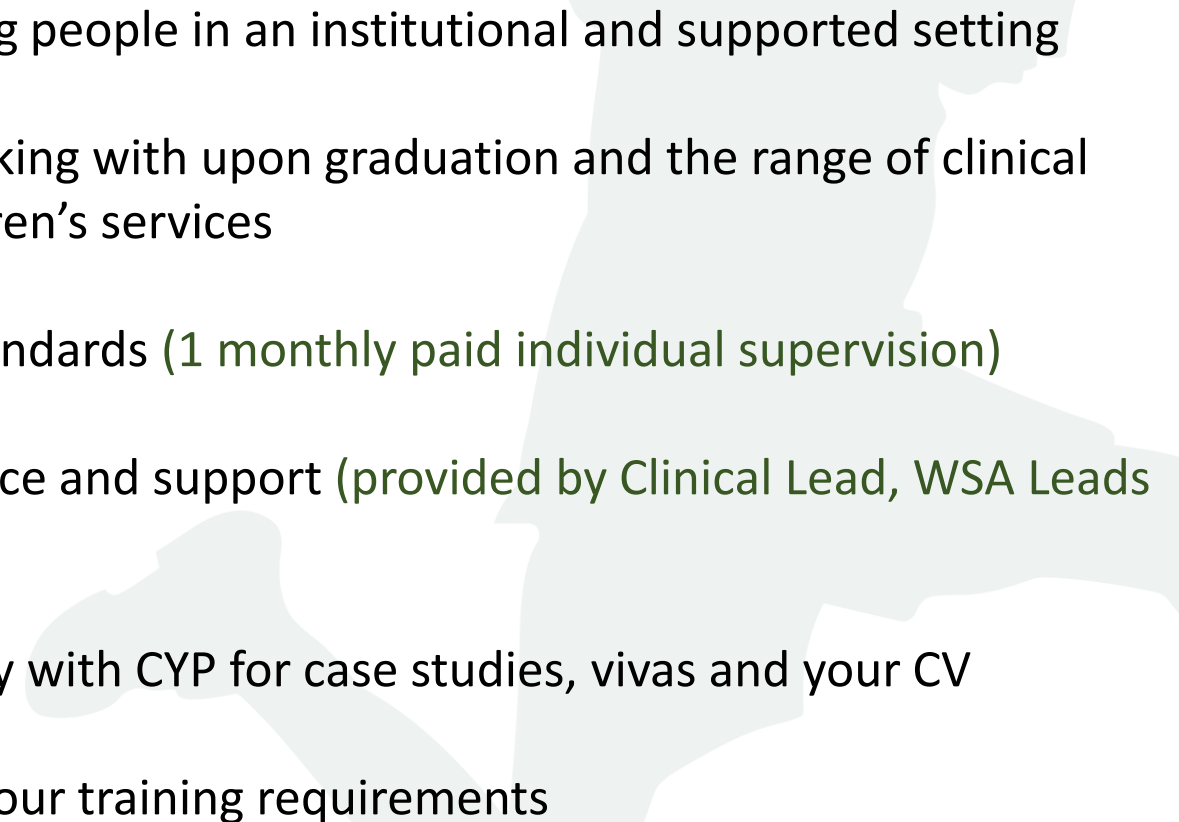
- Drop-in Advice Sessions
- Network Meetings



Improving School Community Mental Health and Well-Being

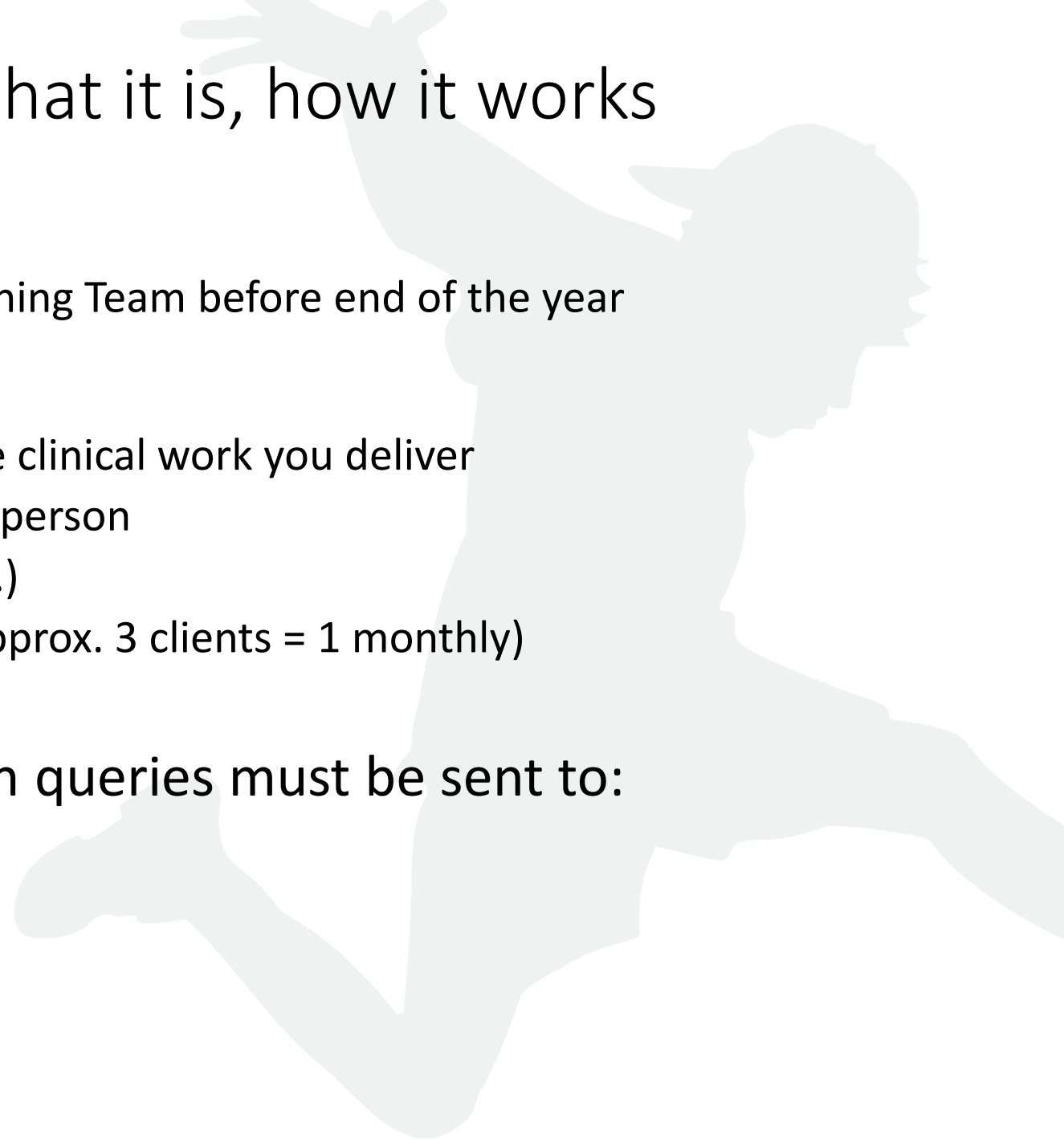
Terapia School Services (TSS) – what do we offer

TSS School/Organisation placements provide Terapia Trainees with...

- Experience of working with children and young people in an institutional and supported setting
 - Insight into the real-life issues you will be working with upon graduation and the range of clinical work available in education settings and children's services
 - Supervision of clinical work to professional standards (1 monthly paid individual supervision)
 - Safeguarding (and other urgent issues) guidance and support (provided by Clinical Lead, WSA Leads and school coordinators)
 - In depth experience of working therapeutically with CYP for case studies, vivas and your CV
 - Opportunity to obtain clinical hours to meet your training requirements
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- A light green silhouette of a person running is positioned on the right side of the slide, extending from the top right towards the bottom right. The person is in a dynamic, forward-leaning pose, suggesting movement and energy.

Clinical Supervision – what it is, how it works

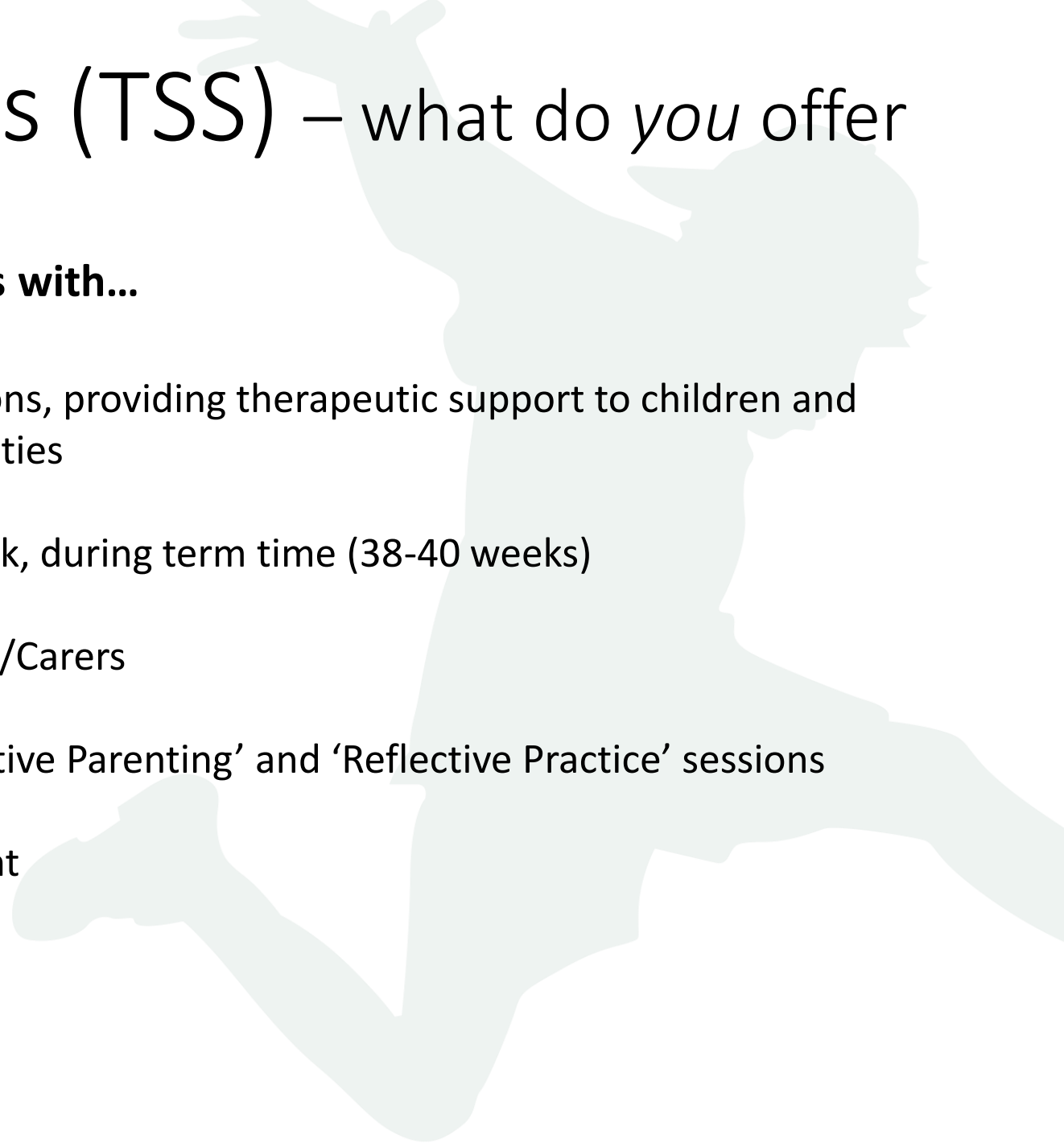
- Terapia Supervisor - assigned by Training Team before end of the year
- Clinical Supervision
 - is essential to support the clinical work you deliver
 - attendance is required in person
 - group (fortnightly approx.)
 - individual, as required (approx. 3 clients = 1 monthly)
- Training requirement/Supervision queries must be sent to:
coursesteam@terapia.co.uk



Terapia School Services (TSS) – what do *you* offer

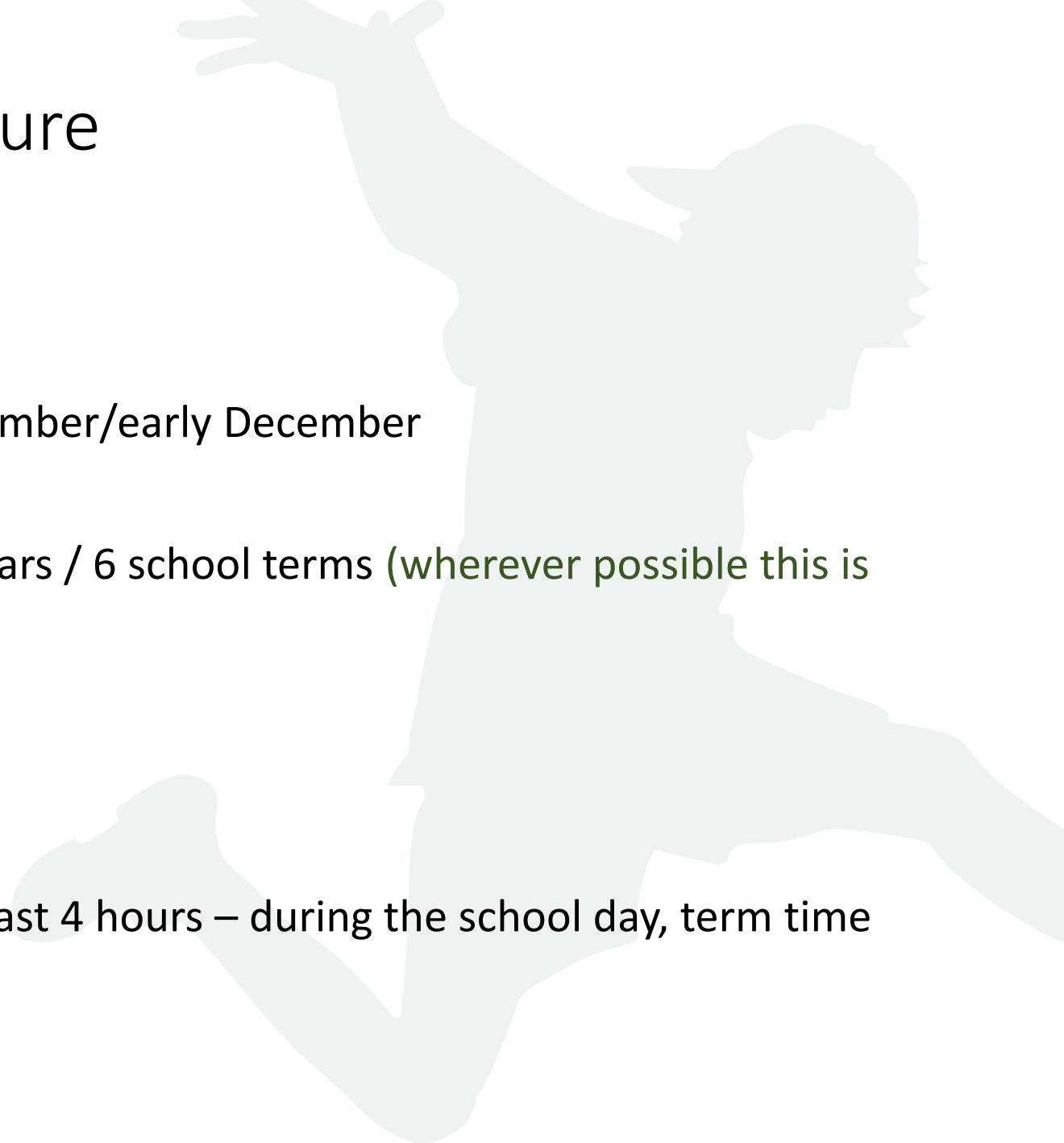
Terapia Trainees provide schools/organisations with...

- Therapists working on-site at schools/organisations, providing therapeutic support to children and young people experiencing mental health difficulties
- Minimum presence of at least 4 hours every week, during term time (38-40 weeks)
- Liaison with Teachers, Pastoral Team and Parents/Carers
- Support to Parents/Carers and Teachers - 'Reflective Parenting' and 'Reflective Practice' sessions
- End of Year/End of Therapy reports for each client



TSS Placements – Structure

- Start in January
- Induction visits are facilitated in late November/early December
- Duration of your clinical placement is 2 years / 6 school terms (wherever possible this is within the same setting)
- Caseload of 3 clients
- Commitment is 1 day every week for at least 4 hours – during the school day, term time



FAQ 1: Can I use my employment instead of a TSS placement?

- Trainees who are employed by a therapeutic service will be required to fill out a short form detailing their current employment.
 - Terapia's CEO and Director of Training will decide whether the place of employment can be used for accruing clinical hours or whether a Terapia School Placement is needed to meet training requirements.
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FAQ 2: How will my TSS placement be allocated?

- Trainees will complete an application detailing your location, mode of transport and preferred availability.
 - Terapia's School Services Co-ordinator will allocate a suitable placement to each trainee.
 - Please note you may be expected to travel up to 1.5hours to reach your placement.
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FAQ 3: What if I live over 1.5hours away from a placement?

- Upon receiving your application, Terapia's School Services Co-ordinator will contact you to make arrangements for a suitable placement.

TSS Placement Requirements – before you can begin

- **Enhanced DBS check - DBS Update Service or Terapia**
(DBS queries must be directed to: training@terapia.co.uk)
- Professional Indemnity Insurance (PII) - see TSS Placement Handbook
- Safeguarding Training - certificate dated within 3 years
- Right to work in the UK - UK passport or Work Visa
- ‘Therapy Only’ email address – for all correspondence relating to clinical work

TSS Placement Requirements – whilst on placement

- Must be **actively attending** at Terapia's Training
- Commitment - **at least 4 hours** to work with **3 clients weekly**, term-time
- Adhere to terms of **Contractual Agreement** – which you will receive by November
- Update **Terapia Services Database** promptly (e.g., log session dates, notes, supervision dates)
- Ensure completion, and input, of client related forms (e.g., assessments, evaluation, report/s)
- Check **Teams** space regularly
- Comply with **Safeguarding** and all relevant **Policies** - Terapia's and the School/Organisation's
- Update Therapeutic Services team (megan@terapia.co.uk) with any changes to your contact details
- Ensure that all confidential information is kept secure

What Next?

Your Supervisor
has to agree
“**readiness**” for a
Placement

You must
complete **TSS
Application
Form** (will be
made available
on student
zone)

Email your
application,
along with
supporting
documents, to:
[megan@terapia.
co.uk](mailto:megan@terapia.co.uk)

Induction visit
to the
placement will
be arranged

**Placement is
assigned to
you**

Any questions...

