



Registrants & Graduates Meeting

Minutes

Date Thursday 20th June 2019

Location Room G2

Time 18:30 - 21:30

Attendees

Bozena Merrick
 Kiran Rehinsi
 Lale Akhrass
 Douglas Bennett
 Lucy Fuller
 Adam Hurst
 Ryan Lowe
 Kathy Manners
 Sharon Smith
 Tracey Tattersall
 Lisa Whittle
 Diana Samuels
 Liat Hoch (arriving at 19:30)
 Sasha Morphitis (arriving at 20:00)

Apologies for absence

Lucy Astor	Linda Manning
Rachel Bloggs	Bridget McCabe
Cassie Carson	Alex Noble
Zoe Dewe-Mathews	Cristina Odigie-Bulnes
Gemma Frazer	Anna Patel
Laura Fulcher	Morag Preston
Anna Godfrey	Diana Samuels
Izabela Hunter	Suzanne Slade
Emma Hutton	Wendy Smith
Wendy Jones	Oenone Thomas
Louise Keller	Caroline Walker
Hilary Land	Sara Whamond
Andrea Loaiza-Palacio	Myrto Williams
Cynthia Masters-Waage	

Introductions and updates

Adam Hurst

Graduate last year but finished taught components of the course in December 2017. Self-employed in Cambridge; also works in a primary school and nursery. Sees mainly adults in private practice.

Diana Samuels

Started the course in same cohort as Adam but graduated a few years ago. Toddler Observation Supervisor at Terapia. Supervises privately also. Works for Herts County Council.

Lale Akhrass

Small private practice. Deals with mostly complex trauma.

Lucy Fuller

Works in Cambridge, one morning a week in an infant school. Has a private practice where she sees adults and couples.



Douglas Bennett

Finished taught components in 2014, graduated in 2015. Works in a secondary school and in a youth theatre. Has a small private practice.

Kathy Manners

NHS working with mothers and babies. Works with children with special needs in a school in Clapham. Also works with Ryan Lowe.

Lisa Whittle

Has been working for Bernados for over a year, mainly adoption work, helping families/parents who have adopted. Works for Brent Council – close adoption work. Also works with adults and children in the Priory.

Tracey Tattersall

Still working at Middlesex University. Works two evenings a week at Herts Council working with children, adults and parents. Has 6-8 clients a week.

Lale Akhrass – presentation on A Body-Mind Approach, working with complex trauma. Case Study – Anna.

Two more introductions took place before the agenda items took place

Liat Hoch

Graduated last year. Works for Norwood, large Jewish school.

Sasha Morphitis

Completed taught components in December 2017, graduated last year. Was Head of Clinical Services at Terapia until April this year. Now has private practice.

Meeting - Agenda Items:

1. Minutes of the previous meeting

Minutes from meeting held on 22nd April 2018 were received and approved

2. Matters arising / action points

BM had a meeting with OT followed by a telephone meeting with BM, OT and TT however transpired that OT was not available to attend meeting.

Open Event took place – very successful.

3. Update on recent developments:

The Bothy

Sensory room now completed.

Interviewing shortly for Head of Clinical Operations (non-child psychotherapist). Sarah Davies (Terapia graduate) is currently in an interim role whilst we recruit. Hopefully Sarah will continue working with us once the new person is on board to deal with referrals etc.

Observation room – audio system being installed next week; final thing to be done to complete The Bothy.

Links with Tavistock – Terapia may possibly provide a placement for family systemic therapy for the Tavistock.

New Dissertation - new format, literature review. Students now choose the subject they wish to write on, the finished dissertation will be a publishable document. A lot of thanks goes to our previous external examiner who pushed for this. The completed dissertations will be kept in the library, some very interesting titles!

MA in Forensic Practice – this has been validated but there is a lack of teaching staff, but we are getting there slowly.

PhD programme – new idea to have a PhD programme running at Terapia in the future; this will be a research PhD not taught.

Clinical Services – we need more qualified psychotherapists to see clients (full fee paying) at The Bothy, if anyone is interested in receiving referrals please let us know.

4. UKCP reaccreditations

At the UKCP Quinquennial Review it was suggested that we have a more substantial panel to review the UKCP annual reaccreditations and quinquennial applications rather than just KR. It would be good for a panel to make any decisions, rather than just KR and BM. The panel would be made up of KR, BM, Chair of the Ethics Committee and two graduates. The panel would meet once a year.

If anyone is interested the please contact KR.

Lucy Fuller – expressed an interest in being on the panel.

5. Report on recent developments at HIPC

HIPC have changed the way it runs it's meetings, previously they were held on Mondays/Wednesdays, now they are held on different days of the week so not easy to plan and attend.

DS is standing down as Terapia's representative at CCAP meetings after 3/4 years. It is very good to have Terapia present at these meetings. There are 2/3 meetings a year, usually on a Friday, 10:00-16:00 in the Kings Cross area. It is a good way to see how UKCP work, fascinating for anyone interested in polices.

TT reported that there are changes taking place at CCAP, elections are being held for a new Chair. There are many sub committees, two of which are Research (first meeting taking place tomorrow) and the wider face of child psychotherapists – first meeting is due to take place soon.

HIPC – fascinating to attend both HIPC and CCAP meetings – the two do not talk to each other.

Jo Quinell created a new group for Child Psychotherapists that CCAP knew nothing about. Jo's group would have allowed lower level 'wellbeing practitioners'.

HIPC tend to be more adult focused.

BM added that we need to be vigilant, attend meetings and read documents. There are big decisions being made that will ultimately affect everyone.

Anyone taking on the role of representative will have the support of past representatives and BM. Terapia will pay travel expenses.

LF expressed an interest in being a representative.

6. Report on College for Child and Adolescent Psychotherapy (CCAP)
Covered under point 5 above.
7. Terapia's Ethics and Complaints Committee
The current Chair is out of term and we need to establish a new committee. Terapia are lucky not to have had any complaints to deal with to date but we need to have this committee in place should a complaint be received.
As Chair of the Ethics and Complaints Committee you would be able to attend and UKCP conference on ethics.
8. SETS
BM was part of the panel who wrote the SETS. It was very difficult to approve them as both constructivists and family therapy would also be under these SETS however family therapy are now under different SETS. Trainees must have at least two placements in different disciplines (it was going to be three different disciplines).
9. Terapia's Registrants and Graduates support
After much discussion it is apparent that members of the meeting would like a real 'graduate body' in place so that graduates still feel connected to Terapia, a sense of community.

BM suggested that we try and schedule in 2 hours of CPD every term; Sunday 10:00-12:00 was deemed a good day/time. This time could be used to present cases, discuss books of interest, support for research projects. TT will compile a terms of reference for this.
ACTION: TT to compile a terms of reference for the CPD days

KM will start this off with a talk on work done with mothers and babies on Sunday 3rd November 2019.
ACTION: KR to email all members regarding CPD and give date of first session – Sunday 3rd November, 10:00-12:00.
10. Terapia Board of Trustees

Terapia really needs to have two trained child psychotherapists on the Board of Trustees to give professional input to the meetings. Two trustees have just finished their two-year terms. Meetings are held quarterly, usually on a Monday 17:00-19:00.
If anyone is interested, then please let BM or KR know.
11. Any Other Business
Jon Blend – quinquennial review. JB is looking for a third person for his QR panel.
LA agreed to do it and KM was happy to be reserve if LA could not do it.
ACTION: BM to inform Jon Blend that LA is happy to be on his QR panel.

KR to register graduates on the student zone area of Terapia's website and give everyone access once this section has been updated.
ACTION: KR to update graduates' section of student zone and give all members access.
12. Date of next meeting
Sunday 15th March 2020 at 10:00